

Zeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
09:00	9.00-10.00 Aufnahme ambulante Reha Thomas				8:30 – 9:15 <b>Osteoporose</b> Ulrike
10:00	10.00-12.00 Ernährungsberatung 10.00-10.45 Osteoporose Susanne	10.00-10.45 <b>Osteoporose</b> Kristin	10.00 -11.00 <b>WS- Gymnastik</b> Marina		9:30 – 10:15 <b>Osteoporose</b> Ulrike
11:00	11.00-11.45 <b>Rehasport-WS</b> Susanne	11.00-11.45 <b>Rehasport</b> Ulrike	11.00-11.45 <b>Rehasport - WS</b> Kristin	11.00- 11.45 <b>Gruppe obere/ untere Extremitäten - Jan</b>	10:30 – 11:30 <b>Psychologische Beratung / Entspannung</b>
12:00	12.00-13.00 <b>Rückenschule</b> Christin	12.00-12.45 <b>Rehasport</b> Ulrike			11:30 – 12:30 <b>Psychologische Beratung / Entspannung</b>
13:00				13.00-13.45 <b>Rehasport</b> Susanne	
14:00	14.00-14.45 <b>Rehasport-WS</b> Andy				14.00-14.45 <b>Wassergymnastik</b>
15:00	15.00-15.45 <b>Rehasport-WS</b> Andy				
16:00	16.00-16.45 <b>Rehasport-WS</b> Andy			16.00–16.45 <b>Rehasport-WS</b> Kristin	
17:00			17.00-18.15 <b>KKH</b> Ulrike	17.00 – 17.45 <b>Rehasport-WS</b> Kristin	
18:00	18.30-19.15 <b>Rehasport-WS</b> Marcelle	17.45- 19.00 <b>KKH</b> Susanne	18.15-19.30 <b>KKH</b> Ulrike	18.00 – 19.00 <b>Rehasport - WS</b> Kristin	
19:00	19.30-20.15 <b>Rehasport-WS</b> Marcelle	19.00-19.45 <b>Rehasport-WS</b> Susanne	19.30-20.15 <b>Rehasport-WS</b> Ulrike	19.00 – 19.45 <b>Rehasport-</b> Kristin	